

ABOUT THE EMPOWERMENTS

CHAKRASAMVARA

This Chakrasamvara empowerment, based on the Krishnapa (nagpopa) tradition, is a unique tantric form of meditation practice, due to the nature of the Chakrasamvara's active presence in the universe, especially in sacred sites. Chakrasamvara represents supreme bliss -- the bliss of realizing our true nature in body, speech, and mind. It is called "supreme" bliss because it is everlasting direct experience, unlike the transient bliss we might experience in daily life.

This highest yoga tantra empowerment is open to all. For those early in their Buddhist practice experience, it is experienced as an honored blessing received by being present while a High Lama of the Tibetan Buddhist tradition speaks the timeless Dharma. For those further along their Buddhist path, it can be taken as the ritual doorway to or authorization for performing this Chakrasamvara practice oneself.

This Chakrasamvara empowerment will be offered over two days. Both days are required to receive the ritual empowerment to perform the practices. The Preliminary Empowerment will occur on Tuesday evening, July 9, 2019 (5:30 - 7:30 pm). The Main Empowerment takes place Wednesday July 10, 2019 (3 - 7 pm).

At 9 am each day, His Holiness will begin preparation rituals. You are welcome to be present for silent observation and meditation during any portion of the preparation ceremonies. Watch our website for any updates about this.

GURU YOGA OF SAPAN-MANJUSHRI

The Guru Yoga of Sapan-Manjushri empowerment is also a highest yoga tantra empowerment. This initiation empowers practitioners to engage with a fusion of Sakya Pandita and Manjushri as a single entity but Manjushri appears in the form of Sakya Pandita. This genre of meditative practice is one of the direct approaches to recognize the ultimate nature and quality of mind, which is the state of enlightenment. Guru Yoga of Sapan-Manjushri specifically encompasses the essential practices of highest yoga tantra, presented simply and directly to the point.

This Guru Yoga of Sapan-Manjushri Empowerment requires previous Chakrasamvara or other highest yoga tantra empowerment from a qualified teacher. The empowerment will be given on Thursday, July 11, 2019 (8:30am to 10:30am).