



*Fearless One, Magnanimous One,
Completely Victorious,
May You live long!*

Amitabha is the Buddha of Boundless light, and Phowa is the practice of transference of consciousness at death.



The Nalanda Institute
Center for Buddhist Study and
Meditation Presents:

Teaching and Initiation on
Amitabha Buddha and Phowa
Practice

By His Holiness Jigdal Dagchen
Rinpoche

Of Sakya Monastery

Saturday, September 23rd, 2006
10AM - 4 PM

Lien Hoa Vietnamese Temple
1211 Wilson St NE, Olympia

Suggested Donation \$40; no one
turned away due to lack of funds.

www.nalandaolywa.org 360-786-1309

His Holiness Jigdal Dagchen Sakya Rinpoche was born into the Phuntsok branch of the Khön lineage in 1929 in southwestern Tibet. As imminent successor to the throne of Sakya and future head of the Sakya School of Tibetan Buddhism Dagchen Rinpoche received instructions in the Hinayana, Mahayana, and Vajrayana systems of Buddhism. After completing his major religious studies, Dagchen Rinpoche bestowed initiations and teachings throughout East Tibet and established 17 Sakya colleges and 10 retreat centers in that region. In 1959 Dagchen Rinpoche, his wife H.E. Dagmo Kusho Sakya, and their family were forced to flee to India, where Dagchen Rinpoche became the Sakya representative to the Tibetan Religious Office in Exile, which was instrumental in arranging for the resettlement of Tibetan refugees. The following year he was invited to participate in a research project on Tibetan civilization at the University of Washington sponsored by a Rockefeller Foundation grant.

Dagchen Rinpoche has resided in Seattle since 1960 along with his wife, five sons and other family members. He has given extensive empowerments and teachings throughout the United States, Canada, Europe and Asia. In 1974 Dagchen Rinpoche co-founded the original Dharma Center called Sakya Tegchen Choling in Seattle. In 1984, the group reorganized and the name Sakya Monastery of Tibetan Buddhism was adopted. H.H. Jigdal Dachen Sakya established Sakya Monastery as a seat of cultural and religious learning in the West.